



DERMAPLANING CONSENT FORM

Dermaplaning (skin blading or leveling) is a safe and highly effective, clinically proven technique for precise, manual exfoliation of the skin. Exfoliation promotes the reduction of fine lines, wrinkles, micro-scars, stretch marks, and sun damage. It also regenerates epidermal cell structure resulting in improving skin elasticity and a more youthful, pliable, smooth skin texture. Dermaplaning removes the outermost layers of dead skin cells and vellus hairs leaving the skin immediately smooth, supple, and vibrant. Dermaplaning is a non-traumatic method of skin rejuvenation and vellus hair removal.

Post treatment guidelines: Your aesthetician will review your current skin care regimen. Maximum results are obtained by participating in a series of treatments along with following a home care regimen. After your treatment, aerobic exercise or vigorous physical activity should be avoided until all redness has subsided. Sunscreen with SPF 30 or higher MUST be applied daily to the treated area for a minimum of 2 weeks (sunscreen only lasts for about 2 hours and will need to be reapplied regularly). Tanning beds should never be used.

_____ I understand that a sterile surgical blade is used for this procedure to remove fine vellus hair from the face. The blade is held at a 45 degree angle and stroked along the face, very similar to shaving.

_____ I acknowledge that there is a risk of injury and I agree to assume those risks. These risks include irritation, dryness, and redness of the skin being treated. I understand that the treatment may involve the possibility of nicking or cutting the skin, as a blade is used in this procedure. However, the incidence of cutting into the skin is slim. Our aestheticians, have been thoroughly trained in the procedure (a mandatory requirement) and have previous experience performing the procedure.

_____ I understand that blading of the skin is performed primarily on the face excluding the nose, eyelids, neck, or chest and may be performed every 3-4 weeks. Blading removes 2-3 weeks worth of dead skin cells.

_____ I acknowledge that I have been informed that blading the skin on the face does not cause the hair to grow back thicker or darker. The structure of the vellus hair (thin, translucent, light colored hair) is not damaged during blading and grows back the same. However, because the hair is cut, it grows back with a blunt edge and the hair has not been physiologically altered.

_____ I understand that there is the possibility of the skin to peel after dermaplaning. Although this is not common, if peeling does occur, there is no damage to the skin.

_____ I understand that all skin types can benefit from dermaplaning. However, the procedure is not recommended for those suffering from severe acne and/or over production of the sebaceous glands. The oils from the sebaceous glands need to travel up and connect with the vellus hair. If the hair is removed, then the oils tend to stay below where they are prone to mix with bacterial colonies, ultimately stimulating more acne. More sensitive skin types may experience some redness after the 1st couple of sessions which normally resolves in 2-3 hours.

_____ I understand that if another service is a part of this treatment, that the sensation and penetration of the secondary service will be enhanced. This may cause skin irritation, mild discomfort, tenderness, lightening or darkening of the skin, infection, scarring, peeling, and activation of cold sores.

_____ I have been informed about the treatment and everything has been explained to my satisfaction. I will call to inform my aesthetician of any complications or concerns as soon as they occur. I certify that I have read the entire consent and that I am 18 years of age, or I have a parental consent co-signed below.

MEDICAL CONDITIONS:

Please circle if you have any of the following conditions: Active acne | active cold sores, fever blisters, or warts | raised lesions | recent chemical peel | chemo or radiation therapy | rash | hemophilia | moles | pregnancy | rosacea | scleroderma | untreated skin cancer | sunburn | tattoo | vascular lesions | thick and dark facial hair | keloids | hormone therapy | blood thinners | diabetes | Accutane usage | topical anti-aging or acne products

Patient/Guardian Signature: _____ Date: _____